

Information on PSHE and Relationships & Sex Education at Red Rose School.

During the past few years at Red Rose Primary School, we have been developing our Personal, Social and Health Education (PSHE) curriculum to further enhance the preparation of our pupils for playing a confident, safe and responsible part in society.

We have recently adopted the 'Jigsaw - a mindful approach to PSHE' scheme to support with delivery. Lessons and activities are designed with primary pupils in mind and the approach provides a safe and caring environment to explore their personal development.

Our PSHE curriculum aims to:

- Keep our pupils safe
- Improve the capacity to learn
- Improve pupil's resilience
- Improve pupil's emotional well-being
- Improve pupil's mental health
- Enhance pupil's life chances

These aims are not only delivered through the PSHE programme, but supported by our reward system and GEM power programme.

The PSHE programme is split up into 6 'puzzles' which as a school we cover at the same time in the year.

1. Being Me In My World
2. Celebrating Differences
3. Dreams and Goals
4. Healthy Me
5. Relationships
6. Changing Me (Sex Education content)

More details on the PSHE programme can be found on this [leaflet about the Jigsaw curriculum](#)

We have been delivering this programme since September with pupils demonstrating a very positive response to the approach.

From September 2021 (deferred from September 2020) having Relationships and Sex Education (RSE) on the school curriculum becomes statutory. Our approach to RSE has been developed by staff and supported through the Jigsaw programme. We have adjusted some of the Sex Education curriculum coverage to older year groups, in order to best meet the needs of our pupils. The overall aims for each Key Stage remain the same. We have adopted this curriculum to address the following pressures that our pupils face.

- Pupils are approaching the age of puberty and need to be informed and prepared for it.
- The information covered in RSE is increasingly accessed by pupils through the internet and social media and we want pupils to be prepared.
- Other media, such as films, TV, music, video games, adverts, portray ideas in RSE towards an ever younger age group.

Pupils also learn about sexual reproduction of plants and animals, including mammals, as part of the statutory science education. Therefore our RSE curriculum aligns with both the PSHE and science curriculum. Our PSHE curriculum map is available on the [curriculum area of the school website](#) and outlines what aspects of PSHE, and therefore RSE, are being delivered to each year group.

Parents do have the right to request that their child be withdrawn from some or all of sex education delivered as part of statutory Relationships and Sex Education. If you wish to discuss this or any aspect of the PSHE curriculum, please contact the school office.